ABOUT CANCER RESEARCH UK

We pioneer life-saving research to bring forward the day when all cancers are cured. We fight over 200 types of cancer, including the one that matters most to you.

We don’t receive government funding for our research so every step towards beating cancer relies on every pound donated. Because of dedicated supporters like you, we’ve helped double survival rates in the last 40 years. But we can’t stop there.

One day we will beat cancer. Let’s make it sooner.

JOIN THE FIGHT TO BEAT CANCER SOONER

To register or find out more about Relay For Life

Call 0300 123 1026
Visit cruk.org/relay

Relay For Life is organised by volunteers from a Relay For Life Committee on behalf of Cancer Research UK. Cancer Research UK is a registered charity in England and Wales (1089464), Scotland (SC041666) and the Isle of Man (1103). The Cancer Research UK name and logo is a registered trademark of Cancer Research UK and the Relay For Life name and logo is a registered trademark of the American Cancer Society. All rights reserved.
Relay For Life is a inspirational overnight event that brings everyone in the community together to show that united we are stronger than cancer.

It celebrates survivorship, remembers those lost, and most importantly rallies us all together to fight back against cancer.

We know that there are more than 200 types of cancer and we are committed to beating every single one. The vital money raised by taking part in your local Relay means that together we will beat cancer sooner.

How does Relay work?

During the event, teams of friends and family set up camp and take it in turns to walk around the track overnight. Throughout the year, each team has been fundraising for Cancer Research UK and the Relay is the celebration of all their hard work. Plenty of food, entertainment and activities bring this neighbourhood party to life!

Throughout Relay For Life there are special moments that bring everyone together.

Survivors complete a Lap of Honour; there’s a Candle of Hope ceremony that sees the darkness lit up by glowing candles in memory of those lost and in celebration of those surviving cancer today. There is a celebratory ceremony to close the event, inspiring us all to fight back against cancer.

Recognising the incredible battles Survivors have overcome is a significant part of Relay – the more people that return each year shows our progress in beating cancer together.

“Relay For Life is much more than an event, it is an amazing experience that will never be forgotten. Fun, friendship and fundraising, there is no better way to contribute towards beating cancer.”

Relay For Life Aberdeen Chair, Angie Shearer

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“Relay For Life is a fantastic, fun way to raise funds for a great cause. The whole range of emotions throughout the event, from joy to pain is worth every moment.”

Team Member

Everyone can be a part of Relay For Life, the more the merrier, this amazing event is about the community coming together to beat cancer sooner.

Leading the Relay

The Relay is led by a committed group of volunteers, led by an Event Chair – these very special people are the backbone of the whole experience. Don’t be shy to stand up and be part of the Committee – every helping hand is needed.